then whilst he was on the pitch, more rocks hurtled down past him, whilst I flung myself into the corner at the base of the pitch. Hence, "Avalanche Pit".

We met Mike at the Bogey and organised (courtesy of Phil) a very efficient relay system for getting the tackle out of the cave. At the foot of the Nostril, I was pleased to learn that Sean and Phil Duncan had come up from Base Camp to help with the derigging. Fred and I, along with Sean, got the last tackle bags out of the cave at about 0315, after a superb trip of almost 17 hours.

A magnificent achievement by all of the three derigging parties (Mike and Ukay in the second group, and Sean and Phil D. in the third group), totally detackling the entire cave in a single trip.

(52)

COMMUNIQUÉ DEL ARIO 2° AGOSTO.

¡A NUESTROS AMIGOS DEL TOP CAMP: HOLA!

EL POZU **12/5** ES MUY BONITO. ¡ES EL BUSINESS, A HORA, ES ~500M DE PROFUNDIDAD, ~1 KM DE LARGO Y CONTINUE!

IT IS WONDERFUL. EVEN DAVE ROSE HAS GOT THROUGH THE SQUEEZE SO YOU CAN TOO. WE ARE POISED, ~500M DOWN, AT THE HEAD OF A 50M PITCH. THIS IS IT. THE BIG

(54)

It is unethical!
To F. Sellods.

ONE. THE POT WE HAVE BEEN LOOKING FOR SINCE SITU.
IT HAS 1300M DEPTH POTENTIAL.
IT IS WARM! IT IS PRETTY.
IT IS VARIED. IT'S GRREAT!!

BUT — WE NEED

MANPOWER!

FOR

PUSHING

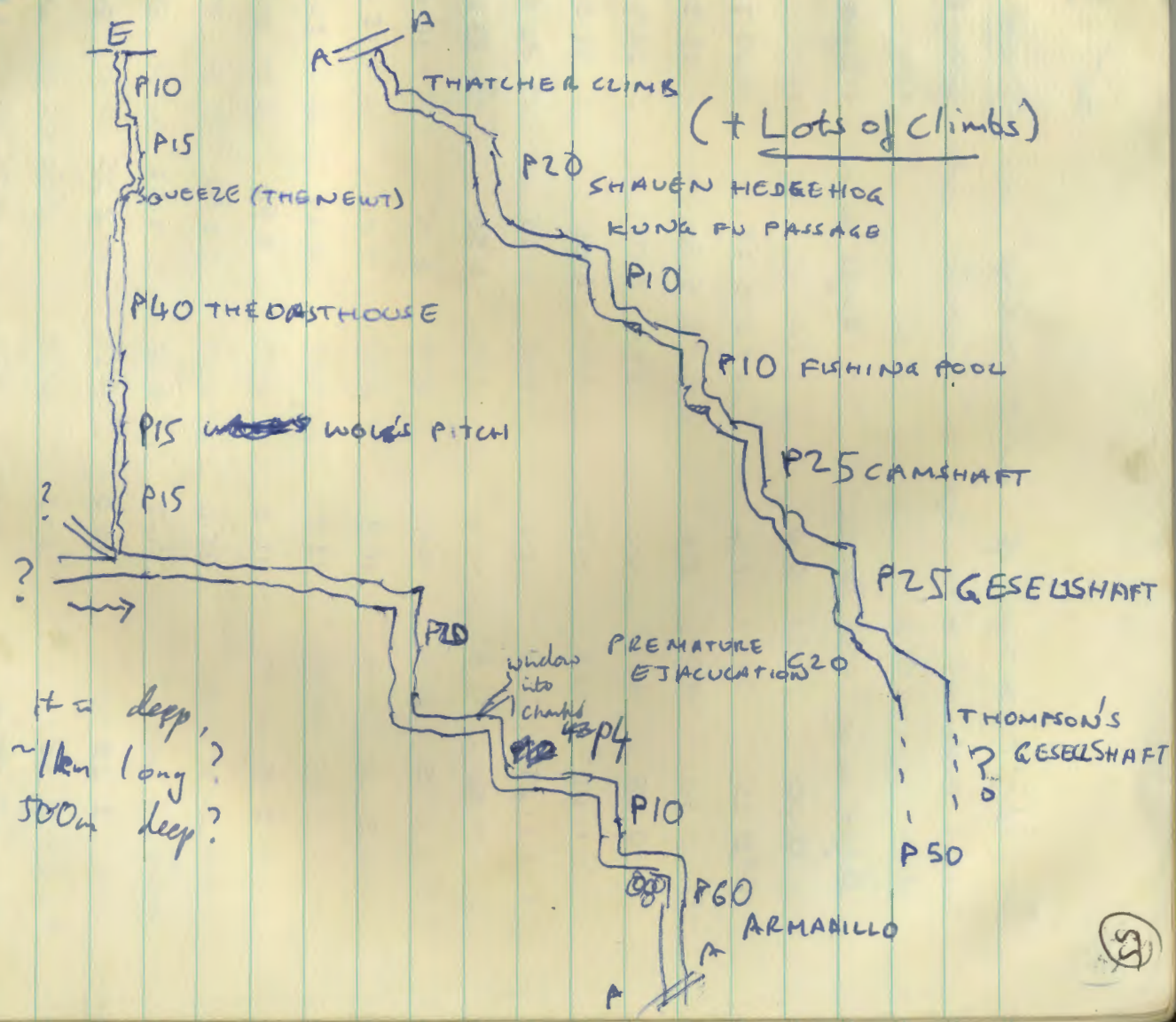
AND

SURVEYING!

ALL WELCOME.
NEXT STOP — 1000m

David Rose Phefó Sagwi Steve

SCHEMATIC DIAGRAM OF 12/5:



$\tan^{-1} = \frac{H}{L}$

Table for conversion of height readings on 10 metre distance scale made on Silva type-65 clinometer from metres to degrees.

Height in m	Degrees	Height in m	Degrees
0.00	0.0		
0.25	1.4	5.25	27.7
0.50	2.9	5.50	28.8
0.75	4.3	5.75	29.9
1.00	5.7	6.00	31.0
1.25	7.1	6.25	32.0
1.50	8.5	6.50	33.0
1.75	9.9	6.75	34.0
2.00	11.3	7.00	35.0
2.25	12.7	7.25	35.9
2.50	14.0	7.50	36.9
2.75	15.4	7.75	37.8
3.00	16.7	8.00	38.7
3.25	18.0	8.25	39.5
3.50	19.3	8.50	40.4
3.75	20.6	8.75	41.2
4.00	21.8	9.00	42.0
4.25	23.0	9.25	42.8
4.50	24.2	9.50	43.5
4.75	25.4	9.75	44.3
5.00	26.6	10.00	45.0

Height in m	Degrees	Height in m	Degrees
10.25	45.7	16.25	58.4
10.50	46.4	16.50	58.8
10.75	47.1	16.75	59.2
11.00	47.7	17.00	59.5
11.25	48.4	17.25	59.9
11.50	49.0	17.50	60.3
11.75	49.6	17.75	60.6
12.00	50.2	18.00	60.9
12.25	50.8	18.25	61.3
12.50	51.3	18.50	61.6
12.75	51.9	18.75	61.9
13.00	52.4	19.00	62.2
13.25	53.0	19.25	62.5
13.50	53.5	19.50	62.9
13.75	54.0	19.75	63.1
14.00	54.5	20.00	63.4
14.25	54.9	20.50	64.0
14.50	55.4	21.00	64.5
14.75	55.9	21.50	65.1
15.00	56.3	22.00	65.6
15.25	56.7	22.50	66.0
15.50	57.2	23.00	66.5
15.75	57.6	23.50	66.9
16.00	58.0	24.00	67.4
		24.50	67.8
		25.00	68.2

Cave descriptions: Phil Duncan

F 14

Bearings - 302° to top camp cairn (C1)
263° to C2.

An impressive looking hole in the hill side surrounded by very chossy shattered rock. Through the hole is a chamber whose floor is covered in a snow cap ≈ 3-5 M deep. this slopes steeply down to a vertical slit ≈ 1m wide x 2m high above a hand line pitch of about 3M, leading down to another snow covered chamber, Again sloping downwards to the left. A ~~[illegible]~~ passage goes on from the L.H. bottom corner for ≈ 10M and ends in a kind small chamber. There are probably potential ways on under the snow.

There is easy access from Top Camp - head down the valley towards La Verdelhuenga across scree towards boulders; it is above the boulders, below La V.

F. 15 A very pronounced slit entrance visible from Top Camp Cairn (almost at same height) underneath to Vindelkuenga. Go up dolomite band (discoloured) along grassy, gravelly ledge towards slit.

2 main entrances to this cave which consists of a snow filled chamber. digging through the snow on the RH side of the chamber brings you into a smaller snow filled chamber. probably a way on under the snow.

Sunday 5 August 1984 Stephen G.

Down to Ario to cave. When I arrived, all were either recovering or already underground. Cleaned up some of the squalor at Ario and took rubbish to Lagos. Picked up a load of food (and wine!) for Top Camp. Very misty trip up, but managed it in 2 hours 1 minute.

Sunday 5 Andy + Jan + Hilary + Jeslyn.

Reorganised Top camp ie: put the piles of rope under the tarp out of the direct sun, and sorted out the ~~mound~~ mound of rubbish. Hilary discovered F8 ~~under one of the survey cairns~~ (~~number~~)